What is Single Mom Strong?

It is the mission of Single Mom Strong to empower and create community for single mothers and their children, through enrichment, encouragement and educational programs.
How do we do it?

1. Community:

Through regular events, we create connections between single mothers, ensuring moms have each other to lean on, celebrate or tackle challenges with. Here, single mothers are never alone.

2. Programs:

We are working to remove barriers to single mothers’ success and ensure the best outcomes for moms and kids. From coaching and mentoring for mom to affordable tutoring and preschool and childcare programs for her kids, and so much more, Single Mom Strong removes barriers to success.
Single Mom Strong’s membership is diverse as single mothers are... All ages, races, ethnicities and socio economic statuses are represented here. We may be in different places in our careers or lives, but we all know what it feels like to manage so much alone. We are more alike than we are different and we are stronger together.
Community Events:

1. Mother & Child Events
2. Mom’s Night Out
3. Virtual Meetups/ Wellness Challenges
4. Empowerment Workshop
“Love Your Life”- Valentine’s Day Celebration

Holiday Adopt-A-Family

Backpack Drive
Mother & Child Events: quality time sharing unique experiences in an affordable way.

98% of survey respondents believe their involvement in SMS has had a positive impact on their parenting.
Mom’s Night Out:
Time for mom to “re-fill her cup”, with childcare always available

98% of survey respondents agree that SMS has made a positive impact on their emotional well being.
Empowerment Workshops: topics pertinent to single motherhood and the opportunity to invest in herself while getting to know other moms.
Programs:

1. Men’s Mentoring

2. Life/ Career/ Pre-Employment Coaching

3. Career Exploration/ Career Clothing Closet (coming in 2021!)

4. EmpowerME Preschool & Childcare/ Tutoring
Men’s Mentoring Team: counteracting abandonment by creating sustained long-term relationships with positive male role models
Life, Career & Pre-Employment Coaching:
one-on-one sessions devoted to a single mother’s success

Pre-Employment Coach:
Tracy Jackson, HR EZ, Inc.

Pre-Employment Coach:
Kristy Prince, Amazon

Life Coach & Founder:
Tara Taylor

100% of coaching participants have achieved at least one of their goals.
Career Exploration

Industry exposure and coaching to connect with opportunities that:

-Provide Stability

-Low Education Barrier/High Income Potential

-Flexibility

Examples include:

-Real Estate
-Entrepreneurship
-Government

and more

Coming soon...
EmpowerME Preschool & Childcare

EmpowerME is Single Mom Strong’s solution for quality, affordable preschool and childcare for children of single parents. EmpowerME's mission: to reinforce values and improve literacy in a safe, welcoming, and supportive environment where children feel free to express themselves and feel a strong sense of community!
EmpowerME Preschool

97% of respondents feel their child is embracing the values presented at EmpowerME.
EmpowerME Childcare

100% of survey respondents are “very satisfied” with the level of care their child receives at EmpowerME.
DID YOU KNOW? EmpowerME served 97 displaced school-aged children during the pandemic.
Tutoring

Created to combat learning loss as a result of the pandemic, EmpowerME provides online and in-person tutoring that works within a single income budget.
It takes a village... Thank you for being a part of ours!

Ready to join us, or want to lend your support? There are so many ways to get involved!

Learn more at: singlemomstrong.org